

# Eye Opening Refreshment Breaks

## **The Continental #1**

Freshly Baked Muffins, Scones and Danish,  
Assorted Fresh Whole Fruit,  
Assorted Fruit Juices, Whole and Skim Milk  
Freshly Brewed Green Mountain Coffee Roaster's Fair Trade Organic Regular and Decaffeinated Coffee,  
Harney & Son's Tea...\$9.25

## **The Continental #2**

Assorted Cereals, Cabot Fat Free Yogurt, Scones,  
Bagels with Plain, Smoked Salmon and Sun Dried Tomato Cream Cheeses,  
Bowls of Fresh Blueberries, Strawberries and Raisins,  
Assorted Fruit Juices, Whole and Skim Milk,  
Freshly Brewed Green Mountain Coffee Roaster's Fair Trade Organic Regular and Decaffeinated Coffee,  
Harney & Son's Tea.....\$12.25

## **The Continental #3**

Nutty Steph's Vermont Maple Granola, Cabot Fat Free Yogurt, Fresh Cut Fruit and Berry Display,  
Breakfast Sandwiches -Vermont Maple Sausage, Egg and Cabot Cheddar  
and Spinach, Egg and Cabot Cheddar,  
Freshly Squeezed Orange Juice, Grapefruit and Cranberry Juices and Whole and Skim Milk,  
Freshly Brewed Green Mountain Coffee Roaster's Fair Trade Organic Regular and Decaffeinated Coffee,  
Harney & Son's Tea...\$15.25

## **Cafe on the Promenade**

Fresh Whole Fruit includes Apples, Oranges, Seedless Red Grapes and Pears,  
Biscotti and Assorted Italian Cookies,  
Perrier and Assorted Soft Drinks,  
Freshly Brewed Green Mountain Coffee Roaster's Fair Trade Organic Regular and Decaffeinated Coffee,  
Harney & Son's Tea....\$10.00

## **Vermont Bounty**

Hot and Cold Apple Cider and Basin Harbor Bottled Spring Water  
Maple Scones, Freshly Baked Apple Pastries,  
Cabot Cheddar Cheese, Crackers and Fresh Cut Fruit and Berry Display...\$8.00

## **Doctor Recommended**

Bowls of Low Fat Granola, Almonds, Blueberries, Cabot Fat Free Yogurt,  
Mini Whole Wheat Bagels with Vermont Creamery Cream Cheese and All Fruit Jam,  
Freshly Brewed Green Mountain Coffee Roaster's Fair Trade Organic Regular and Decaffeinated Coffee and  
Harney & Son's Tea.....\$9.00

Please add Vermont state tax and service charge.  
Consuming raw and undercooked food items may increase your risk of food borne illness.  
Prices subject to change without prior notification due to market price fluctuations.